

PRIYA SENROY
Certified Counsellor, CCPA # 8680
Zen-Tai Wellness Centre. 120 Carlton Street, Suite #302, Toronto M5A 4K2
www.zen-tai.com/creative-arts-therapist - senroycounselling@yahoo.ca
(647)-268-7668

Informed Consent & Confidentiality Agreement

Type of Therapy: Individual ____ **Length of session:** 50 minutes **Fee:** _____

Cancellation Policy: Sessions cancelled less than 24 hours before the appointment are charged at hourly rate and will have to be paid in the following session.

Contact info: Call me at the above number. If I am unavailable please leave me a message. Please note if it is an emergency, please proceed to the emergency room of your local hospital.

Counselling Philosophy

Welcome to Priya Senroy counselling. By choosing counselling services with Priya Senroy, certified counsellor, abiding by the code of ethics of Canadian Counselling and Psychotherapy Association, you have taken an important and proactive step toward your overall health and wellbeing. Counselling provides an added resource in your life – one that enables you to explore your thoughts and feelings in a supportive environment, while working toward resolutions on any number of issues of concern to you. As your counsellor, I am focused on ensuring that you get what you need from the counselling experience, so please feel free to share me with your suggestions that would make this experience uniquely beneficial for you. If desired you can also choose the creative counselling modality.

Please be aware that as with most things in life, change is a process - one that often requires patience and perseverance. But together, we will set goals and work toward a better place.

Before we begin, please read the below confidentiality and informed consent agreement. If you have any questions, feel free to let me know.

Fees

I, the undersigned, do hereby agree to pay for the counselling services rendered by Priya Senroy to be paid in cash or cheque at the end of each session. A receipt will be provided at the end of the last session, should I need it. Letters or other documents requested will be charged at the hourly rate. There is a \$20 fee for NSF cheques.

Participation

I will make every effort to attend each session and to work on the issues that are represented. I also acknowledge the likely consequences of not following the procedure(s)/plan, and what alternative course(s) of action are available to me.

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Confidentiality and Limitations

With few exceptions (see below), your counselling sessions with Priya Senroy, are strictly confidential. No information will be shared with any third party without your written permission. The following standard practices regarding confidentiality are very important and we think you should be aware of them. Please discuss any concerns you have about them with your Counsellor.

1. If you are under the age of 19 and disclose abuse (sexual and/or physical) by a specific person, the abuse must be reported to the Ministry for Children and Families.
2. If you are over the age of 19 and disclose abuse (sexual and/or physical) by a specific person who has access to people under the age of 19, the abuse must be reported to the Ministry for Children and Families.
3. If there is a serious possibility that you may harm yourself or others, we must take reasonable action, which may include contacting the police or other responsible authorities.
4. If you are impaired by drugs and/or alcohol and intend to drive, we must report this to the Motor Vehicle Branch and/or the police.

I, the undersigned, do hereby voluntarily give consent for Priya Senroy to provide confidential counselling services. I also understand that I may change the status of my voluntary informed consent at any time.

I understand fully the information in this document, have discussed it with Priya Senroy, and I agree to participate in the counselling sessions under the conditions described:

Adult (Client):

Date:

Children (19 years or under)

Date:

Counsellor:

Date:
